

ARE YOU WALKING ON EGGSHELLS?

DOES YOUR PARTNER:

- Control where you go, how you spend money, with whom you talk, or how you spend your time?
- Force or pressure you to have sex when you don't want to?
- Say it's your fault, promise it won't happen again, but then it does?

**IF EVEN ONE OF THESE THINGS IS HAPPENING TO YOU,
YOU MAY BE IN AN ABUSIVE RELATIONSHIP AND YOU
COULD BE IN DANGER.**

WC&S IS HERE TO HELP.

Call: 412-687-8005 (24/7)

Text: 412-744-8445 (9a-5p, Mon-Fri)

Chat: [WCSCanHelp.org](https://wcscanhelppittsburgh.org) (9a-5p, Mon-Fri)

Do you use abuse or control? WC&S' **Battering Intervention Program** offers counseling, education, and tools to help you understand and begin to **gain control of your feelings**. Call the WC&S MENS Program at **(412) 687-8017 ext. 340** for more information.