

Group Expectations

Confidentiality.

- **Of Information:** Women's Center and Shelter has a confidentiality policy that includes all information presented by clients or staff. We will not testify in court. At the end of your classes we will supply you with a letter that indicates you have attended the sessions. No other information will be given to any agency or individual. All personal stories heard within the group are to stay in the group. If a member of the group breaks confidentiality she will be asked to leave the group.
- **Of Location:** Our location is to be kept confidential for the safety of the women and children staying in the shelter. Please do not have your partner drop you off here. If you did, you would not be safe here if you should need shelter services in the future.

No verbal or physical threats will be tolerated. Anyone making such threats will be asked to leave.

Be on time. If you are more than 5 minutes late, you will not be admitted to the group and will have to make up that session at a later date.

Attendance. If you miss one week (2 hours) of group, arrangements for a make-up group must be arranged through the hotline office. If you miss more than one group session, you will automatically be withdrawn from the group and will need to call the hotline office to discuss other options.

Women's Center & Shelter Services

- 24 Hour Hotline
- Legal Advocacy
- Emergency Shelter
- Children's Center
- Medical Advocacy
- Empowerment Center
- Education
- MEN/s Group (Men Embracing Nonviolence & Safety)
- Civil Law Project

All services are free and confidential except MEN/s Group (fee required).



Women's Center & Shelter of Greater Pittsburgh

Contact Information:

To Enroll in Court Ordered Group:
(412) 687-8017 ext. 513
24 Hour Hotline: (412) 687-8005



Court Ordered Group

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Women's Center & Shelter
of Greater Pittsburgh

If you have been court ordered, call Women's Center & Shelter at (412) 687-8017 ext 513.

- Leave a message saying that you have been court ordered. An advocate will return your call to schedule your sessions.
- Call as soon as possible. You have limited time to complete your group sessions. Women's Center & Shelter may inform the court whether or not you contact our agency and complete the group.
- Your partner may not accompany you to your appointment. Please keep the location of our facility confidential for your safety and the safety of other women receiving services at Women's Center & Shelter.
- Free child care is available while you are in group. Please let the advocate know if you will be taking advantage of this.
- There are no fees for any of our services.

If you need any support before your group sessions begin, or if you have any questions, please call our 24 Hour Hotline at (412) 687-8005.

Call for a screening today if you acted:

- in defense of yourself,
- as a result of past abuse with your current partner,
- or because of other previous abuse.

The WC&S Court Ordered Group will help you understand:

- Intimate Partner Violence: The types and effects
- Safety and Safety Planning
- Trauma and Anger: Their effects and ways to address them
- Healthy Relationships
- The Expungement Process

Group Structure

Format: Open Discussion and Instruction

Class Length: 2 hours / once per week

Total Length: 16 hours over 8 weeks

Times Offered:

Monday – 6:00pm-8:00pm

Wednesday – 9:30am-11:30am, 6:00pm-8:00pm

Groups are for women Court Ordered as a result of Intimate Partner Violence. For information on MEN/s Group, call (412) 687-8017 ext. 340.

The WC&S Court Order Group is not intimidating.

Small groups of women work together to address the issues and struggles that have complicated their lives.

At WC&S...
We Are here to:

Listen...

Not to work miracles.

Help a woman discover what she is feeling...

Not to make her feelings go away.

Help a woman identify her options...

Not to decide for her what she should do.

Discuss steps with a woman...

Not to take steps for her.

Help a woman discover her strength...

Not to rescue her and leave her still vulnerable.

Help a woman help herself...

Not to take responsibility for her.

Help a woman learn to choose...

Not to keep her from making difficult choices.

We are here to provide support for change.